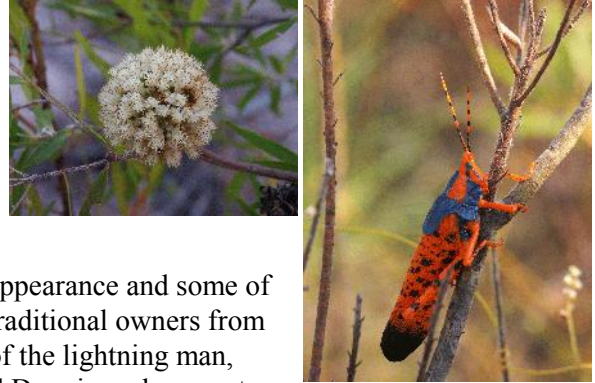


Kakadu Highlights No. 12: October 26 - November 7, 2015

Gunumeleng – The Build Up. As the year progresses, the hot, dry weather of September turns into the hotter, more humid weather of October and November. All but a few creeks have completely disappeared. Major rivers are reduced to a series of isolated waterholes. The land lies brown and parched, waiting, still, silent and sweltering.

Suddenly, a wind springs up. In a matter of minutes, the temperature drops five or even ten degrees. The first few drops of rain turn into a torrent as lightning flashes and thunder roars. Then it is over and still once more. Then the frogs began to call and the birds begin to sing. The land turns green again, almost as you watch. All nature rejoices in the change.



This is when the Leichhardt grasshopper makes its annual appearance and some of the wildflowers put on their best displays. The Aboriginal traditional owners from this region call the grasshopper Al-yurr, meaning children of the lightning man, Namarrgon, a powerful ancestral being. The country around Darwin and across to Arnhem Land has one of the highest incidences of lightning in the world. Namarrgon is commonly depicted in the regions rock art with axes hanging from his body, which he uses to strike the clouds. Around Kakadu the axes on his head represent grasshopper's antennae.

Even in this, the hottest time of year, there are a few beautiful, cool, shady creeks and gorges where the bushwalker can relax and watch the birds as they come in for a drink or listen to the cicada chorus which announces the coming change. Knowledgeable locals head bush at every opportunity, leaving the ignorant to swelter in the city. Our routes have been chosen with relaxation, swimming and shade in mind. Walking will generally be restricted to early in the morning and late in the afternoon. The hot middle part of the day will be devoted to taking it easy and soaking up the sights and sounds of the environment around us. Wherever possible, we will start walking early in the morning and have long lunch breaks where you can read, relax, swim and enjoy the bush around you.

For more information about walking at this time of year, please see our Build Up web page. Note the link at the bottom for additional information. www.bushwalkingholidays.com.au/buildup.shtml

Section 1: Barramundi Creek: October 26-31

The drive from Darwin normally takes at least four hours. From the end of the track, a short walk takes us to the main falls and the climb to the upper gorge. A walk through the upper gorge brings us to a lovely beach camp site. The next good spot is about two hours away so we may decide to stop here for the night.

When we leave the gorge, we find ourselves in a broad sandy valley. The only visible water is in a few isolated pools. All the flow is through the sand below our feet. After about five kilometres, we turn off into a side valley and suddenly find flowing water. Another kilometre brings us to a beautiful, deep, clear, shady pool where we can relax and enjoy a swim. A



Swim stop, Emerald Pool, Barramundi Creek.

short climb to the top brings us to more beautiful pools and waterfalls. We may camp near here or we may decide to push on across the plateau and down to the largest pool in the entire Barramundi system. Huge *Allosyncarpia* trees give deep shade on the wide sandy banks of the pool, another exceptional camp site.



Beach campsite, Barramundi Creek

If we have taken two days to get to this point, we will probably spend a second night there, doing another day walk without full packs. If we have taken three days, we will begin working our way back down the main valley, sometimes in the deep shade of a patch of monsoon forest, more often in the open woodland, stopping for the occasional swim along the way.

Our final campsite is normally at a pool near the top of the upper gorge.

After one last swim, we climb into the vehicles for the drive to Cooinda.

After lunch, we plan to do a bush tucker and culture walk with senior traditional owner Violet Lawson. If, for some reason, this can't be done, we will visit some of the better known places like Nourlangie Rock or just relax or whatever the group wishes.



Violet Lawson cultural tour

The day finishes with a bistro meal at the pub and a night in budget accommodation. This section finishes with the 6.45 a.m. Yellow Waters Cruise the following morning. The cruise gives you the opportunity to see the wetlands wildlife at close range, far closer than you could approach on foot. The early hour ensures that you see far more of the wildlife than those who do the midday cruises.

Maps. 1:50 000 Goodparla or 1:100 000 Mundogie.



Top pool, Barramundi Creek.



Dawn on Yellow Waters

Terrain and Difficulty (more info in the general description after section four)

Overall Level 3.

Terrain Level 3. The first part of the walk is along a marked track. The next several kilometres are quite well defined and generally easy going although there is a bit of scrambling over river stones. Most of the terrain up to the large pool mentioned in paragraph three is fairly flat and relatively easy. There are, however, a couple of short but steep climbs at the beginning and end.

Vegetation Level 2-3. Mostly open woodland or open areas along the creek.

Hours 4-6 hours most days.

Packs **Pack weight** - level 2. You need to carry four days food. You can probably leave your sleeping bag at home but we do recommend a well ventilated tent or mossie dome with fly.

Art There are a few minor sites that we may visit.

Campsites Sand or rock ledges. Excellent sites near the water. We should have them to ourselves.

Swims Swimming is excellent. Good pools all along both creeks.

Lowlights Possible tourist crowds at the start of the walk. Hot, sticky weather.

Highlights Relaxing next to two of the most beautiful pools in Kakadu.

Section 2: Graveside Area: October 30 - November 6

This section overlaps the first with the meal and night's accommodation at Cooinda plus the early morning Yellow Waters cruise.

The walk takes you into the greatest concentration of permanently flowing creeks we have yet found in Kakadu. You see a variety of landscapes, deep gorges, beautiful swimming pools and cascades as well as a number of little known Aboriginal art sites.

Although the drive from Cooinda to the start of the walk is less than 100 kilometres, the last 45 kilometres is on a 4WD track which is so rough that it can take over two hours on its own. From the parking area, a relatively easy three kilometre walk across some fairly flat ground brings us to a lovely pool and our first camp site.

During the next five days, we visit Graveside Gorge, Cascades Creek and, if time permits, Gronophylum Creek. The two main gorges at Graveside contain some of the nicest monsoon forest in Kakadu.



On the track to Graveside



Relaxing at a pool in the side gorge

The two main gorges at Graveside contain some of the nicest monsoon forest in Kakadu. We usually spend two nights at our first camp and do a long day walk exploring the gorges, enjoying the shade and relaxing in and around the large pools. This allows people to acclimatise and gives them plenty of time to enjoy the shade and pools.



Waterfall in the main gorge.



The pool above the main Graveside falls isn't very wide, but it is very deep.

A short, steep climb the next morning gets us onto the plateau where we have a look at the upper reaches of the two creeks we explored the day before. At this time of year, the flow is down to a trickle but there are still plenty of pools where we can cool off and relax in the midday heat.

The walk between Graveside and Cascades Creeks takes us through the open woodland of the plateau, yet another landscape to enjoy.



Dramatic Build up sky. We didn't get rain that night, but we did on another afternoon.

Cascades Creek is noted for its many pools, cascades and Aboriginal art sites. It is so pleasant that our trip up or down the four kilometre gorge normally takes a full day. There are a few places where you have the choice of edging along narrow rock ledges (close to water level, no big drops), floating your pack through the creek, or climbing up and around. The last 500 metres alone often takes two hours or more as the deep pools and a natural water slide are much too inviting to pass by in a rush.



As hard as it gets. On this trip an 8 year old had done the same step a few minutes earlier.

We return to the vehicles through tall paperbarks and other trees which line the creek that drains the main valley.

Fast groups might also visit Gronophylum Creek with its unusual palms, beautiful, sandy camp sites and deep, clear pools. The rugged landscape away from the creek is reminiscent of central Australia with its red rock and spinifex covered hills.



Age 8 or 80, almost no one we've taken past the slide can resist having at least one go. Most have several.

A short, steep climb to the top of one of the hills presents you with an incredible panorama. Following the creek, you might walk three kilometres in an hour. Following a compass bearing, the landscape is such a jumble of broken rock that the same three kilometres might take you several days.

Early on the final day, we walk back to the vehicle and continue to Cooina or Jabiru where we drop off those finishing with this section.

Maps. 1:50 000 Koolpin or 1:100 000 Jim Jim.

Terrain and Difficulty (more info in the general description after section 3)

Overall Terrain

Level 2.

Level 2-3. The terrain ranges from open woodland to narrow rainforest gorges. Parts are flat and easy. Other parts require scrambling over river stones of a variety of sizes. There are a few steep, but short climbs. You walk through almost every type of terrain that it is possible to find in Kakadu.

Vegetation	Level 2-3. Mostly open woodland or open areas along the creeks. Some short sections of thick scrub along Cascades Creek
Hours	4-6 hours most days.
Packs	Pack weight - level 2-3. You need to carry six days food.
Art	There are a number of interesting art sites along this route.
Campsites	Sand or rock ledges. Excellent sites near the water. We should have most or all of them to ourselves.
Swims	Swimming is excellent. Good pools all along all creeks.
Lowlights	Long, rough 4WD drive at the beginning and end. .
Highlights	The magical cascades and waterslide on Cascades Creek. Spectacular Graveside Gorge.

Note for section 2. Many groups begin with Cascades Creek and finish with Graveside Gorge. The guide will decide which to visit first based on the conditions at the time.

Section 3: Ubirr and the Mary River: November 5-7

After a brief stop in Coinda or Jabiru, we drive to Ubirr, site of one of the best collections of Aboriginal art in Kakadu. For most of the year, it is completely overrun with bus loads of tourists. By late October, most of these are gone. We will time our visit for dusk or dawn the next morning when we will have it almost to ourselves. The rest of our time will be spent relaxing and doing one of the short nature walks in the area. Perhaps we will be lucky enough to spot one



Relaxing on the top deck on the boat.



Saltwater croc seen from our boat.

of the large crocodile which inhabit the East Alligator River. No swims here! But if we can't have a swim, we can enjoy a shower and a cool drink as we listen to the dawn and dusk choruses of the birds. We spend our final night in accommodation in Jabiru or somewhere else closer to our final destination.

The Yellow Waters cruise and the area near the East Alligator River will have provided us with a taste of what the Top End wetlands have to offer. Our trip finishes with the most comfortable wetland experience we can offer — a day's cruise on the Mary River.



Two brolgas and a magpie goose, some of the hundreds of birds we see on the cruise.

We cruise slowly along the Mary, watching the hundreds of birds that line the river banks and enjoying the changing scenery around us. Those who wish to try their hand at catching a barramundi have

a chance to do so. We cruise back to where we began and get into the vehicles for the drive back to Darwin. The trip is over, but the memories will linger on.

Note 1. We cannot book the boat until we have bookings on the tour. If we do not get early bookings, we may not be able to do the cruise as scheduled.

Note 2. At the time these notes were being written (July 2014), the Mary River Houseboats were up for sale. If the business is sold, we can't be sure how it will affect the final section. With luck, it will again be possible to spend the final night on the houseboat.

Note 3. If we cannot do the Mary River houseboat cruise, we will substitute a Aboriginal guided Guluyambi cruise on the East Alligator River.

Maps. 1:100 000 Mary River

Terrain and Difficulty (more info in the general description after this section)

Overall	Level 0.
Terrain	Level 0. The only walking is getting on and off the houseboat.
Vegetation	Level 0. No vegetation on the river, but we pass through a variety of habitats on the shores.
Hours	4-6 hours most days.
Packs	None.
Art	None.
Campsites	A bed on the boat.
Swims	None. Large crocodiles inhabit this section of the Mary River.
Lowlights	Hot, sticky weather. Not being able to swim.
Highlights	Wildlife and a wonderfully relaxing way to finish two weeks in the bush.

General Terrain and Difficulty for all sections

Terrain	Little or none of the walking is on a marked trail. If you have never done any off-track walking through moderately rough terrain, nothing we can say can adequately describe the experience. The photos on our website, www.bushwalkingholidays.com.au , can give you a partial picture, but they cannot substitute for the real thing. Most of those who have not had any off-track walking experience find it more difficult than those who have done it before. Anyone who does not regularly (average twice a month) go bushwalking carrying a full pack would benefit from doing some pre-trip training. Do this and you will almost certainly enjoy the trip more than if you do not. The relatively easy nature of sections one and three means that they should suit almost anyone who meets our minimum level of fitness. Anyone who has already done section two should find that section three is easier than it would have been if they were beginning with section three.
Climate	October and November are two of the hottest months of the year with an average daily maximum of 38°C (100°F). The average minimum is 24-25°C (75-77°F). Temperatures below 20°C (68°F) have been known to occur, but they are rare. Leave your sleeping bag at home. Bring thermals for insurance if you want to insure against a chilly night. We tailor our walking to the climate, starting early and having long breaks next to pools in the middle of the day. If you accept the climate, you should have a wonderfully relaxing holiday. If you want to march on regardless of the weather, you may find it frustrating. Thunderstorms are fairly likely so we recommend that you bring a lightweight tent or mossie dome with fly.
Wildlife	Birds are concentrated near the waterholes at this time of year. You will see thousands at Yellow Waters and on the Mary River. The Yellow Waters and Mary River cruises give you a good chance to see large estuarine crocodiles.
Fishing	Not permitted on the first two sections. Fishing can be good from the houseboat. Barramundi can sometimes be caught from the boat.

Notes

Those doing more than one section of the trip will have to carry only what they need on each section. Additional food and clothing can be left in the vehicle during the walks.

If you meet us in Kakadu, you will have to purchase a park entrance ticket on your way into the park. Our guide(s) should reimburse you automatically. Please remind them if this is not done soon after you meet.

Make sure you have your lunch, a water bottle, and some money with you in the vehicle during the drives as it may be difficult to get into your pack during the journey.

A day pack is useful on all sections.

Bring a book or two if you'd like to read during the long breaks. Flies can be a nuisance at this time of year so it's a good idea to bring a lightweight insect net for use during the breaks.

It is a good idea to have a change of clothes and a towel to take advantage of the hot showers at Cooinda. You should have enough money to pay for your drinks at the pub.

If you wish to do some fishing on the final section, you will need to bring your own fishing gear.

Flies are sometimes particularly bad at this time of year. Bring plenty of repellent. You might also wish to hang a lightweight mosquito up at lunchtime as well.

Map. The 1:250 000 Kakadu park map shows all areas in Kakadu.

Cooinda

Cooinda is a resort situated in the heart of the Kakadu wetlands. This is an area noted for its wildlife — and mosquitoes. The former make it a great place to visit, the latter make it an uncomfortable place for an overnight walk. The attractions at Cooinda include the Yellow Waters cruises, the Warradjan Aboriginal Cultural Centre and a short dry season nature walk along a marked trail.

The Yellow Waters cruise provides the best way to see the wetlands and allows you to see the wetlands wildlife (especially crocodiles and birds) at close range, far closer than you could approach on foot. The early/late hour ensures that you see more of the wildlife than those who do the midday cruises. The cultural centre is a few hundred metres from the hotel and provides an insight into the lives of the Aboriginal traditional owners of the park. The nature walk offers a pleasant way to spend an hour or two, especially early in the morning or late in the afternoon.

Both the cultural centre and the hotel offer a variety of souvenirs for sale. Bring extra cash or a credit card if you think that you might wish to purchase anything beyond the drinks, ice creams and lunches that most people purchase there.



Magpie geese flying over Yellow Waters

Itinerary: Kakadu Highlights No 12

Note 1 Day 0 is the day before departure.

Note 2 All itineraries may be subject to change.

Section 1 Barramundi Creek

Day 0 **Pre-trip meeting, 6.30 p.m., Pool Side Bar & Restaurant, Double Tree Hilton, 122 The Esplanade.** There are two Double Tree Hiltons next door to each other. The correct one is closer to Daly Street, the taller of the two and the only one with a swimming pool. **This meeting is important.** If you cannot make the meeting, please advise us well in advance. Both Double Tree hotels were Holiday Inns until early 2013.

Day 1 7:30 to 8 a.m. pick up. Pick up is from your accommodation if you have notified us where you are staying at least a week before departure or have made other arrangements at the pre-trip meeting. Otherwise, pick up is from the Mitchell Street Tourist Precinct at 69 Mitchell Street.
Drive to Barramundi. Begin walk carrying full pack. Bush camp.

Day 2–4 Bush camping, mostly carrying full packs. May include day walks without full packs.

Day 5 Return to vehicles. Drive to Cooina, arriving about lunch time. Book into budget accommodation. Violet Lawson's bush culture walk late afternoon. Opportunity to wash clothes and have hot shower. Bring towel and toiletries and money for drinks. Bistro meal at the pub.

Day 6 6.45 a.m. Yellow Waters cruise. Section ends.
Those ending here can catch an AAT Kings tour bus back to Darwin.

Section 2 Graveside Area

Day 5 Those beginning with this section catch a bus from Darwin to Cooina. See the note at the end for details.
On arrival, wait in the open air pub and meet the group there about lunch time. Due to the fact that the members of the group are finishing a walk that morning, we cannot be more specific about the arrival time than to say it will be about lunch time.
Book into budget accommodation. Violet Lawson's bush culture walk late afternoon. Opportunity to wash clothes and have hot shower. Bring towel and toiletries and money for drinks. Bistro meal at the pub.

Day 6 6.45 a.m. Yellow Waters Cruise.
Drive to Graveside. Begin walk, carrying full packs. Bush camp.

Day 7-11 Bush camping, carrying full packs most days, possibly day packs on one or more days.

Day 12 Return to vehicle. Drop off those finishing with this section. Drive to Ubirr.

Section 3 Ubirr and the Mary River

Day 12 Those beginning with this section catch a bus from Darwin to Cooina or Jabiru (their choice). See the note at the end for details. Meet the group about lunch time and drive to Ubirr. Afternoon walk and/or cruise.

Day 13 Drive to Mary River. Day cruise. Drive back to Darwin. Drop off at your accommodation.

Note **Cooinda Bus.** The cost of getting to or from Cooina is not included in the cost of the tour for those not doing the full trip. Greyhound no longer runs to Cooina but you should be able to book a seat on an AAT Kings tour bus, (08 8923 6555).