Gothenburg with Olle and Anna-Carin





Our trip began and ended at Anna-Carin and Olle's lovely house just outside of Gothenburg, in southern Sweden (you may be able to guess that Anna-Carin likes flowers)



10-day walk in Sarek-Padjelanta National Parks

These adjoining parks are the two largest in Sweden, and lie just north of the Arctic Circle next to Norway (where we finished); they make up the largest wilderness area in Europe outside Russia





The walk began in the Rapa Valley, below the tree line. The flowers were especially plentiful this year





River crossings, mountain campsites and Swedish massage





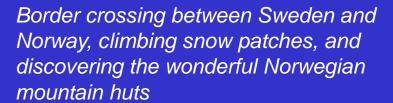






Surprise breakfast guests, and typical scenery on the trackless plateau in Padjelanta N.P.









Lofoten Islands

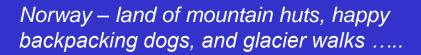






In Arctic Norway – contender for the most spectacular place on Earth













Sea-kayak trip near Grebbestad, Sweden





Thank you

Thank you to my fellow walkers Nick (left), Ian (right), Stevie (below left) and Olle, Tony, Russell and Anna-Carin for all your help and encouragement and being such a lovely group. A special thanks to O, A-C. and R for inspiring and organising this great trip

